MY METRO MEDICINE

Class Schedule

(Tentative)

VIRTUAL

IN-PERSON

SPECIAL TOPIC

July 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4 INDEPENDENCE DAY
5 INTRO MEETING 7:00-8:00PM	6	7	8	9 7:00-8:00PM	10	11
12	13	14	15	16 7:00-8:00PM	17	18
19	20	21	22	23 7:00-8:00PM	24	25 RELEASED
26	27	28	29	30 7:00-8:00PM	31	

August 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6 7:00-8:00PM	7	8
9	10	11	12	13 7:00-8:00PM	14	15
16	17	18	19	20 7:00-8:00PM	21	22 RELEASED
23	24	25	26	27 7:00-8:00PM	28	29
30 8:00AM-4:30PM	31					

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September 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3 7:00-8:00PM	4	5
6	7 LABOR DAY	8	9	10 7:00-8:00PM	11	12
13	14	15	16	17 7:00-8:00PM	18	19 RELEASED
20	21	22	23	24 7:00-8:00PM	25	26
27	28	29	30			

October 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 7:00-8:00PM	2	3
4	5	6	7	8 7:00-8:00PM	9	10
11	12 INDIGENOUS PEOPLES' DAY	13	14	15 7:00-8:00PM	16	17 RELEASED
18	19	20	21	22 7:00-8:00PM	23	24
25 8:00AM-4:30PM	26	27	28	29	30	31

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