



TAI CHI & QIGONG

INSTRUCTOR TRAINING PROGRAM

CALLING ALL FUTURE INSTRUCTORS
20 PERSON LIMIT

2025 Program Dates

January 1-31 - Enrollment is Open
February 1 - Program Begins
May 24/31 - Program Ends

4 Module Program

This 4-month Tai Chi and Qigong Instructor Training Program equips participants with the skills and knowledge to teach confidently and effectively. Each month focuses on a key area: foundational principles, class structure, teaching methodology, and hands-on experience with personalized feedback. By the end, participants will be prepared to lead classes with authenticity and adaptability.

Includes 16 weekly virtual lessons, 4 monthly intensive in-person sessions, & 4 monthly special topics.

Program Cost

Registration Fee \$50
(One-Time Payment)
Monthly Fee \$499
(4 installments)

Cost includes testing and certification fees.



Meet Your Chief Instructor & Program Director
Dr. Justin Flinner, DAc, LAc, DiplAc

25+ Years Teaching Experience
U.S. National Martial Arts Champion
U.S. Tai Chi Grand Champion
Multiple-time Gold Medalist in Tai Chi/Martial Arts
U.S. Wushu Union Travel Team Member
Faculty Member at VUIM

EARN 42 PDAS



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